



SPINNING WHEEL

October 2009



National News

KY-SPIN will once again partner for the Fourth Annual National Bullying Prevention Awareness Week, Oct. 4 - 10, 2009. It takes a community to prevent bullying of children. The Fourth Annual National Bullying Prevention Awareness Week, Oct 4-10, 2009 encourages communities nationwide to work together to increase awareness of the prevalence and impact of bullying on all children. Families, students, schools, organizations and other groups can unite with PACER to prevent bullying in several ways. Activities and materials such as contests, toolkits, and online bullying prevention training are available to help reduce bullying in schools, recreational programs, and community organizations.

For more information on how you can be involved go to <http://www.pacer.org/bullying/bpaw/index.asp>
KY-SPIN also offers a Bullying workshop. If you would like us to conduct a workshop, please contact us at 800-525-7746.

Did you know

That you can now connect with us through [Facebook](http://www.facebook.com/pages/Kentucky-Special-Parent-Involvement-Network-KY-SPIN-Inc/136683742892) (<http://www.facebook.com/pages/Kentucky-Special-Parent-Involvement-Network-KY-SPIN-Inc/136683742892>) and [Twitter](http://twitter.com/kyspininc) (<http://twitter.com/kyspininc>).

KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at spininc@kyspin.com.

The **Kentucky State Advisory Panel for Exceptional Children** (SAPEC) provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children aged birth through twenty. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq. as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information via e-mail, contact Renee Scott at renee.scott@education.ky.gov or by calling Kentucky Department of Education (KDE) at (502) 564-4970.

The next SAPEC public forum is scheduled for
October 15, 2009 6:30pm-8:30pm at Blue Licks Battlefield State Resort Park, Carlisle, KY



Spotlight on Kentucky **Kentucky Partnership for Families and Children, Inc. (KPFC)**

KPFC is a private, nonprofit children's mental health advocacy organization. KPFC's vision is to improve the quality of life for children, youth, and young adults facing emotional, social, and behavioral challenges and to encourage the healthy functioning of their families. KPFC's mission is to nurture hope for futures through: education to individuals, their families, the professionals that serve them, and the public in general; advocacy to improve outcomes and quality of life for children, youth, and young adults; and reaching out to groups that do not currently receive adequate services.

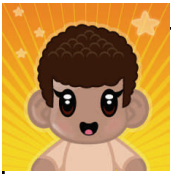
(502) 875-1320 or 800-369-0533

kpfc@kypartnership.net <http://www.kypartnership.net/>

SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available.

You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is spininc@kyspin.com and our website is www.kyspin.com; our main office is located at 10301-B Deering Road / Louisville, KY 40272.





Early Childhood Social/Emotional (birth to three):

Kentucky Early Childhood Standard –

Demonstrates trust and engages in social relationships; and sense of self.
Your child’s feelings about themselves, as well as developing relationships with others.



What does it mean?

Infants recognize and prefer the adults in their life that care for them the most; Infants may become upset when unfamiliar people approach them; Infants and toddlers want to be with their primary caregivers and often go to them when they need emotional support; Infants and toddlers develop relationships with other adults and children. They enjoy interacting and playing with them; Infants and toddlers experience a wide array of feelings and emotions. Infants often express these through facial expressions and body movements. Toddlers may use words; Young children learn ways to calm themselves. Infants may use a pacifier while toddlers may have a special stuffed animal; Toddlers recognize their own accomplishments. For example, they may clap when they go to the potty by themselves; Toddlers begin to understand rules and will follow simple ones most of the time.

What are some things you can do?

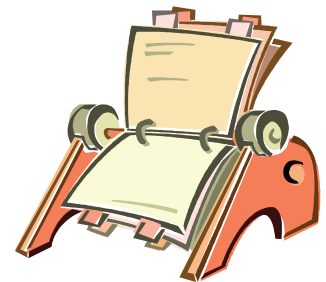
Respond to your infant’s cries and soothe them. Do not be afraid of spoiling infants, they need your attention; Calm your child if she becomes upset by an unfamiliar person. Use soft tones and reassure her that everything is okay; Encourage your toddler to try new things. Let her know that you will be there if she needs you; Provide your child with opportunities to interact with other children and assist them in doing so. Be sure to provide guidance (gentle hands) and adequate supervision for these play times; Be sure that any type of out-of-home child care experience is of high quality; Ask your infant or toddler questions about themselves “Where’s your nose?” and encourage them to respond; Encourage your child to express feelings. Provide her with the words to label her emotions “You are mad!”; Support your child’s efforts to calm herself. Provide special stuffed animals or toys when you are leaving to help calm her; Acknowledge your child’s accomplishments “Wow-look at that tower!” and celebrate the Successes; Provide simple, straightforward rules for your toddler to keep her safe (Feet on the floor). Too many rules can be confusing and frustrating to a young child; Give toddlers simple choices (“Do you want to wear the red shirt or the blue one?”).

By: Kentucky Department of Education (2004). “Building a strong foundation for school success: The Kentucky early childhood standards. Parent guide for children birth to three.” Frankfort, KY: Author. The full publication can be accessed at <http://education.ky.gov/NR/rdonlyres/13339B02-6065-42F0-B00E-40486538FB9E/0/birthtothreewebversion.pdf>

Transition Health Care Skills Checklist

The following is a list of skills that youth can begin to practice until they are accomplished. These skills can be worked on now, and hopefully mastered before transition to an adult health care provider takes place.

1. Able to describe condition or disability
2. Can respond to questions from doctors/nurses
3. Knows medications and their use
4. Can obtain prescription refills
5. Has a list of emergency telephone numbers
6. Understands insurance information
7. Can develop a medical summary/history
8. Can make contact with community agencies for assistance
9. Has a list of physicians with phone numbers
10. Can schedule medical appointments
11. Has developed a plan for transfer to an adult health care provider



Prepared by Judy Blackwell, MSW at the Commission For Children With Special Health Care Needs in Lexington, Ky.

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Happy Halloween!

