



SPINNING WHEEL

August 2009



National News:

FREE publications through the Federal Government's ED PUB at <http://edpubs.ed.gov/> or by calling 1-877-4-ED-PUBS. Below are several of their publications:

"Preventing Bullying: A Manual For Schools And Communities" Publication ID: ED001366B

"Growing Up Drug Free: A Parent's Guide To Prevention" Publication ID: ED001425P

"Do You Need Money For College?" Publication ID: EN 0786H

"Choosing A School For Your Child" Publication ID: ED003951P

"Funding Education Beyond High School: The Guide to Federal Student Aid: 2009-10" Publication ID: EN 0854P

KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at spininc@kyspin.com.

Did you Know

The **Kentucky State Advisory Panel for Exceptional Children (SAPEC)** provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children aged birth through twenty. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq. as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information via e-mail, contact Renee Scott at renee.scott@education.ky.gov or by calling Kentucky Department of Education (KDE) at (502) 564-4970.

The SAPEC public forums scheduled are for
October 15, 2009 6:30pm-8:30pm at Blue Licks Battlefield State Resort Park, Carlisle, KY

Spotlight on Kentucky: The 2010 Children with Special Health Care Needs (CCSHCN) Survey

What is the survey about? The CCSHCN wants to know what programs are helpful to your family, what resources are available and, most importantly, **what your family needs**. They want to know what you think about the health care services for children with special health care needs in Kentucky. They also want to know if the children in your family are ready for life as an adult.

Who should complete the survey? Any parent or someone who cares for a child with special health care needs should complete the survey. Any child who is old enough to answer the questions can also complete the survey. You do not have to have a child enrolled at the Commission.

How do I complete the survey? The survey can be completed online, at any Commission office, or a paper copy can be mailed to you. To complete the survey online, go to <http://chfs.ky.gov/ccshcn/> and click on the link to the Needs Assessment Survey; or for a paper copy, call at 1-800-232-1160; or complete it at your next visit to any Commission office. The survey is completely anonymous. There is no way to link your answers to you.

What will happen with the information that I put on the survey? The answers from the survey will be reviewed at the state and federal government level. Results from the survey will be used to determine how money for Kentucky's children with special health care needs will be used, including what new services that are needed.

SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available.

You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is spininc@kyspin.com and our website is www.kyspin.com; our main office is located at 10301-B Deering Road / Louisville, KY 40272.





Early Childhood: Creative Expression (birth to three):

Kentucky Early Childhood Standard –

Demonstrates interest and participates in various forms of creative expression.
Your child's interest, enjoyment, and participation in musical and artistic activities.



What does it mean?

- Babies and toddlers enjoy the natural beauty around them. Toddlers enjoy creating their own art using crayons, chalk and other materials.
- Babies and toddlers enjoy listening and participating in musical activities, such as singing songs and dancing.
- Toddlers learn from pretending and “play acting” their experiences.
- Participating in art activities provides children an opportunity to be creative and develop important thinking skills.
- Very young children show preferences for music and respond to music with their body.
- Children express themselves using their bodies (stomping their feet for “no” or “flying” like an airplane with their arms).

What are some things you can do?

- Talk about the natural beauty in your environment, such as flowers and trees.
- As toddlers stop putting objects into their mouths, provide them with opportunities to interact with art materials – like crayons and sidewalk chalk. Talk about their creations and praise their work.
- Expose your child to a variety of different kinds of blocks, soft blocks for infants and duplo blocks and wooden blocks for older toddlers. Encourage them to build and create things.
- Draw your child's attention to art. Point out pictures in children's books. Talk about and describe the pictures.
- Play music for your child. Use more than children's music; expose them to jazz, country and classical.
- Sing songs throughout the day. Repeat familiar songs that your child particularly likes. Sing songs with movements (“Head, Shoulders, Knees, and Toes”). Dance and sing with you child playfully. Don't worry if you don't know words – make them up and your child will sing along.
- Provide your child with opportunities to play with musical instruments. Make your own instruments (an old coffee can as a drum), these are just as interesting as commercial toys.
- Hold your baby or toddler in your arms and move with her to music. Gently bounce her in time to the rhythm. Babies love being held and moving along with you.
- Dance to music. You can dance with your infant and also teach fun dances to your toddler (such as the Hokey-Pokey).
- For toddlers, play pretend. Ask your child to play the mommy or daddy while you play the child. Provide pretend play toys.
- Give your toddler opportunities to create and build things including crayons and paper, blocks, and paint.

By: Kentucky Department of Education (2004). “Building a strong foundation for school success: The Kentucky early childhood standards. Parent guide for children birth to three.” Frankfort, KY: Author. The full publication can be accessed at <http://education.ky.gov/NR/rdonlyres/13339B02-6065-42F0-B00E-40486538FB9E/0/birthtothreewebversion.pdf>

Transition: Transition Steps

There are some things to remember when planning for transition. First, transition is a process which happens gradually and needs a lot of planning.

The following are steps in the transition process:

- Plan ahead
- Know how to explain your condition and your health care needs
- Begin to make your own medical appointments
- Keep a record of appointments which includes doctors and phone numbers
- Develop a medical history
- Write down questions for your doctor before your visit
- Learn about health insurance and health care finances.



You can begin this process by taking on these responsibilities now. Start to ask questions and take your health care needs into your hands.

Prepared by Judy Blackwell, MSW at the Commission For Children With Special Health Care Needs

This newsletter, published by Kentucky Special Parent Involvement Network, Inc.'s Parent Training and Information Project (SPIN), is funded through a grant from the U.S. Department of Education, and does not necessarily reflect the views of the Department of Education. Articles contained herein are for informational purposes only and do not imply endorsement by SPIN or KY-SPIN, Inc.



Back to School!

Page 2, KY-SPIN

