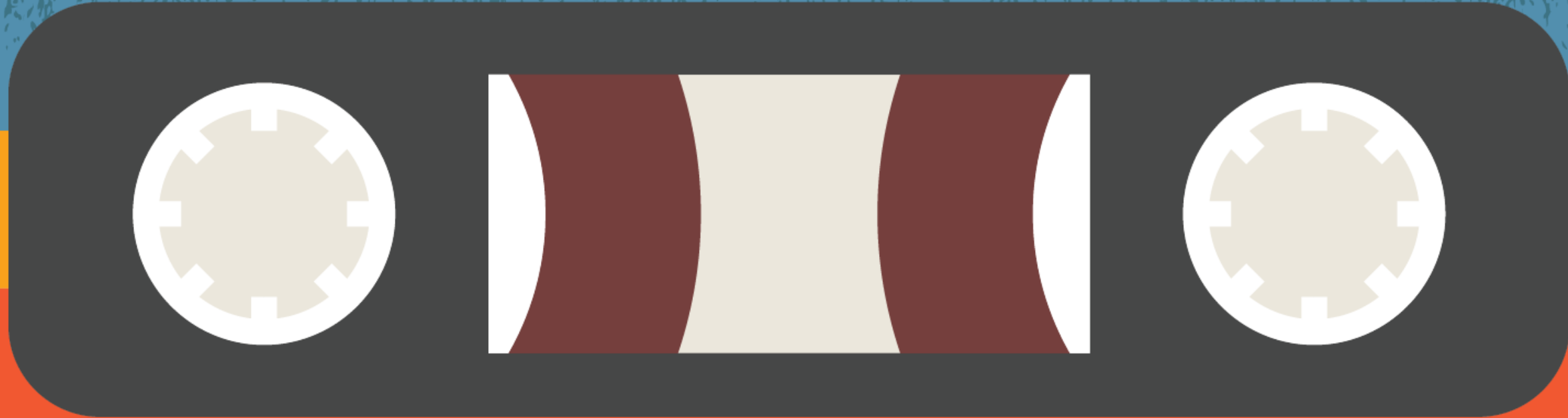


NICE VIBES



MIX TAPE TO
BECOMING A CONTRIBUTING COMMUNITY MEMBER



KY-SPIN: TRANSITION TUESDAY

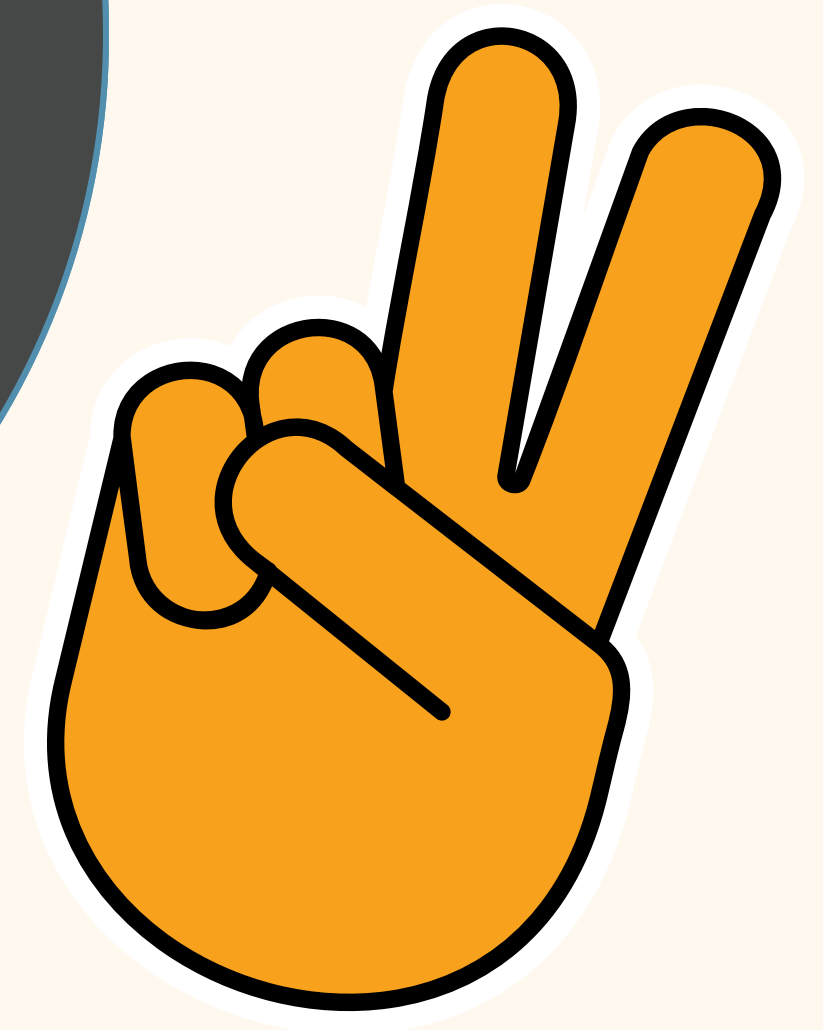


THINGS WE DO
EMPOWER INDIVIDUALS AND FAMILIES
TO EFFECTIVELY SELF-ADVOCATE
PROVIDE PEER SUPPORT TO ACCESS
NEEDED INFORMATION AND RESOURCES

THINGS WE DON'T DO
ACT AS ATTORNEYS OR
ADVOCATES



Nice
to meet you!





YOUTH ENGAGEMENT COORDINATOR



Nice
to meet you!

I currently volunteer as a youth counselor at church and play squads in Fortnite with the youth group.



YOUTH EDUCATOR



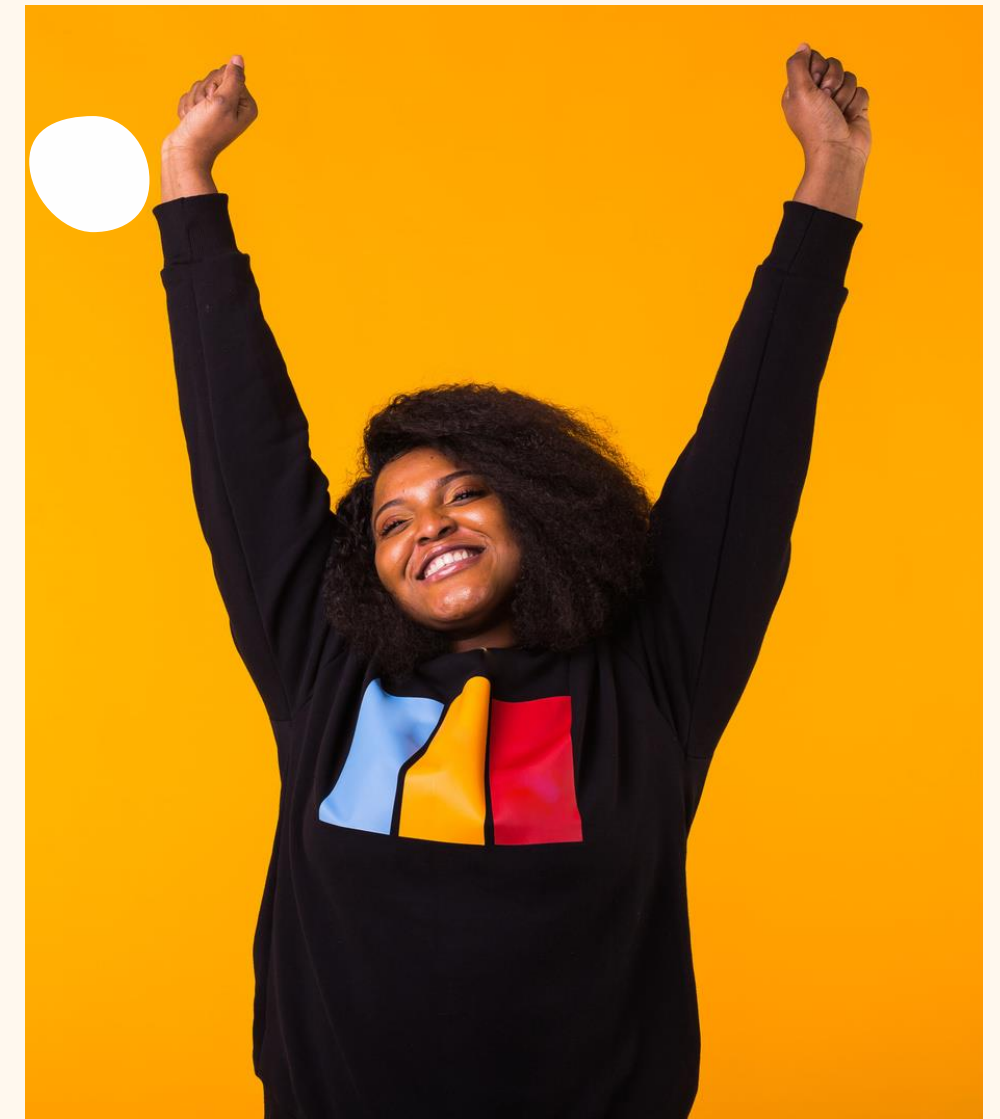
Nice
to meet you!

- 26 years old
- Autism diagnosis
- 12 years advocacy experience
- Serves as a mentor to youth with disabilities

I play roleplaying games at a local game store, play in tournaments, and play video games

COMMUNITY INVOLVEMENT

YOU PROBABLY HAVEN'T GIVEN IT
MUCH THOUGHT, BUT IT IS
SOMETHING YOU NEED TO BE
THINKING ABOUT AS YOU PREPARE TO
TRANSITION OUT OF HIGH SCHOOL



TODAY YOU WILL LEARN:

Defining Community Involvement

Why Community Involvement Matters

Community Involvement Now and in the Future

Community Involvement in your
IEP

“It’s not only music. It’s not only art.
It’s a community. It’s a sense of
having a place to belong.”

— [Jared Leto](#)



WHAT IS COMMUNITY INVOLVEMENT?



getting involved in your local community to make it better and caring about the people, the economy, the culture, and the politics of your area.

YOUR COMMUNITY INVOLVEMENT

WHAT ARE YOU DOING IN YOUR
COMMUNITY RIGHT NOW?

WHAT WOULD YOU LIKE TO DO IN YOUR
COMMUNITY AFTER HIGH SCHOOL?



CONNECTING TO YOUR COMMUNITY

- In-school clubs or sports teams
- Local library events
- Volunteer work
- Parks and Recreation events
- Special Olympics
- Community service projects



VOLI

WHY SHOULD TEENS BE INVOLVED IN THEIR COMMUNITY?



COMMUNITY CONNECTIONS



YOUR COMMUNITY CAN HELP PROVIDE:



A SENSE OF BELONGING



SUPPORT AND CONNECTIONS



LEARNING OPPORTUNITIES



A SENSE OF BELONGING

Meeting new people with similar interests and values can lead to forming meaningful connections that can last a lifetime.



SUPPORT AND CONNECTION

Community involvement can provide you with a support system that can help you through difficult times.

Whether it's through volunteering or participating in community events, you can build a sense of belonging and supports that can positively impact your mental health and overall well-being.

LEARNING OPPORTUNITIES

Social and communication skills

Experience with real-world problems

Problem-solving experience

Professional experience



WHAT IF YOU AREN'T CURRENTLY INVOLVED IN YOUR COMMUNITY?





WAYS TO GET INVOLVED

Find your passion ... Make it happen



1

Connect with a club
• Cooking
• Book
• Biking



2

Engage in online social groups



3

Play on a sports team



4

Attend
• Event
• Concert
• Festival



5

Volunteer
• Library
• Park
• Hospital
• Shelter



6

Cosplay*
LARP*
RPG*



7

Outdoor Activities
• Hiking
• Fishing
• Camping



8

Find a garden club or volunteer at a park



9

Try a new hobby
• Sewing
• Music
• Crochet
• Art



10

Check out your local co-op



[Download](#)

*Cosplay: Costume play; LARP: Live Action Role Playing; RPG: Role-Playing Game



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Places Around Kentucky

Online

Find a **safe** online community to connect with others

Clubs, support groups, gaming communities

In My Community

Library

Clubs

Parks and Recreation

Co-op extensions

Hobby shops

Humane Society

TAYLRD Drop-In Centers

Statewide

Center for Accessible Living (CAL)

Special Olympics

State parks

Conventions

Festivals

Museums

STEPS TO START YOUR OWN CLUB



TIME TO THINK

Decide how you would like to become involved in your community.

How can your current interests transition into adult experiences?



CONNECTING TO YOUR FUTURE

What skills do you need to develop to become involved in your choice ?

What accommodations do you currently need and what accommodations do you think you may need in the future?



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My Community Plan

Using the information you have learned about community involvement, create your own plan for what you want to do.



Things I like to do

.....

.....

.....

.....

.....

Things I would try

.....

.....

.....

Things I need to participate

.....

.....

.....

Where to get Information

.....

.....

.....

.....

.....



NOW WHAT?

Talk to caregivers, teachers, and friends about what you would like to do in your community

Ask for help developing IEP goals to help you carry out your community involvement plans



COMMUNITY GOALS FOR THE IEP

You may include functional goals in an IEP. Identify things you would like to learn to increase community involvement and make goals for them. We have listed four sample goals below.



I can use the internet to obtain information.

By the end of IEP cycle, student will be able to identify three safe community websites that provide information on local activities with ____% accuracy



I can use my library card.

By the end of the IEP Cycle, student will be able to locate the library and use their library card to borrow a book with _____% accuracy.



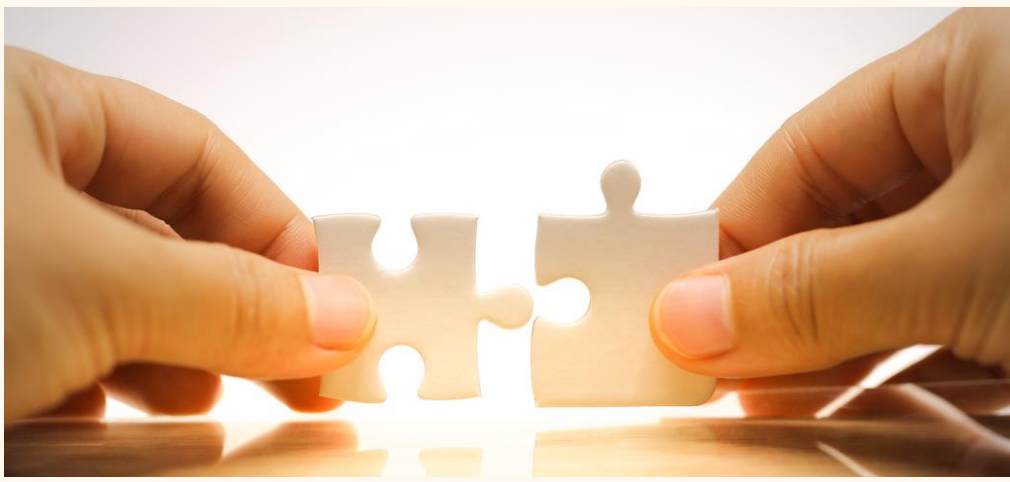
I can introduce myself and carry out a conversation.

By the end of the IEP cycle, the student will be able to approach others, introduce themselves and make conversation with ____% accuracy.



I know how to accept invitations from others to be involved in social activities.

By the end of the IEP cycle, student will understand how to respond to an invitation and insert the invitation in a calendar with _____% accuracy.



PUTTING IT ALL TOGETHER

Community involvement can provide you with a sense of belonging, support and connections, and valuable learning opportunities.

There are many different ways for you to become a Contributing Community Member while you are still in high school.

IEP goals are a great way to gain the skills you will need to become a Contributing Community Member in your adulthood.

Questions?



REFERENCES

Sparks, Samantha "Sam." "Community Involvement: Examples and Why It Is Important for Students." Student Assembly, 29 May 2023, studentassembly.org/community-involvement/.



THANKS FOR LISTENING TO
TRANSITION TUESDAY VOL. 1
BECOMING A CONTRIBUTING
COMMUNITY MEMBER

PRODUCED BY: KY-SPIN

VOL. 2 COMING 3-26-2024

DISABILITY DENIAL/ACCESSING SERVICES



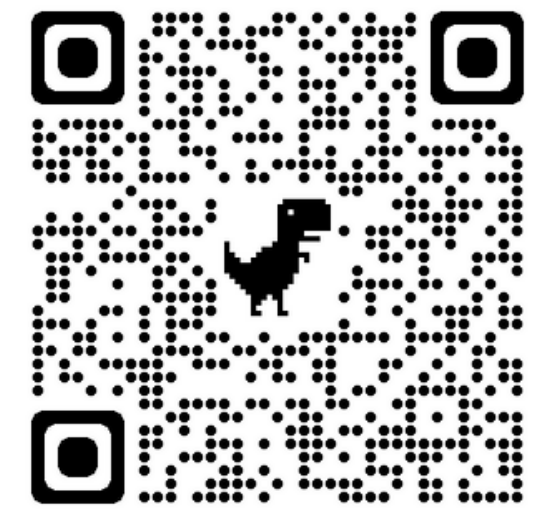
WEBSITE: kyspin.com



EMAIL: spininc@kyspin.com



PHONE: 1-800-525-7746



EVALUATION LINK
[HTTPS://FORMS.GLE/GLBVLPHM8TUE8UUH8](https://forms.gle/GLBVLPHM8TUE8UUH8)