



KY-SPIN
virtual

CAREGIVER S U P P O R T G R O U P

Join KY-SPIN's monthly caregiver support group specially designed for parents of children with disabilities of all ages. These virtual support groups are driven for families, by families. Each meeting offers caregiver support and a parent café.



Topics of Discussion:

- **July 15, 2024 10-11:30 AM or 6-7:30 PM (EST)**
PERSON CENTERED PLANNING - PUTTING INDIVIDUALS AT THE CENTER OF THEIR OWN JOURNEY
Person Centered planning is the process of actively involving an individual in guiding and directing their own life's outcome. Join us to learn how to encourage your child to drive their own story.
- **August 19, 2024 10-11:30 AM or 6-7:30 PM (EST)**
SIMPLIFY YOUR SCHOOL ROUTINE WITH CLEVER HACKS AND EFFICIENT SCHEDULING
To make your school life easier and more organized, here are some smart hacks and effective scheduling tips specifically tailored for your family.
- **September 16, 2024 10-11:30 AM or 6-7:30 PM (EST)**
COMMUNICATION STYLES - CREATIVE WAYS TO TALK AND CONNECT WITH OTHERS
Different people have different preferences and needs when it comes to communication approaches. Learn how to adapt your style so you can ensure that your message is received and understood.



Scan QR Code or [click](https://tinyurl.com/yc7p22t5) to register

<https://tinyurl.com/yc7p22t5>

You only need to register once, attend each month or just the months you want!

1-800-525-7746

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**For more information:
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