

# KY-SPIN's Youth eNews 9/27/2024



## Youth News!

### Get **SET**...**S**upport, **E**ducate, **T**rain for Success!

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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One important part of the **IEP** is the **Present Levels**. Watch this quick video to find out more details on present levels.

## IEP Basics and You

An **Individualized Education Program (IEP)** is important because it is a special program created to help you learn in your own best way.

Participating with your **ARC** (Admissions and Release Committee) to help create your **IEP** is one of the best things you can do for yourself and your future.

Work with your ARC team to create an **IEP** that has personalized goals, includes details on special teachers or resources, and has a way to check how well it is working so the team can make changes if needed.

### Nick Carpenter Youth Educator

"Back in high school, I wish I'd been more aware about Transition Planning. It's a crucial part of a high schoolers' IEP and will prepare you for adult life."



Davis Rodriguez  
Transition Age Parent Educator

"Good communication is like the foundation of a house. Without it, the whole thing can come crashing down."



Click Here to Check out our KY-SPIN  
[\*\*Youth Resources Page\*\*](#)

## What's Your Goal?

Another section of the **IEP** is the **Measurable Annual Goals**. This is where you and the ARC team decide what skills are the most important for you to focus on at that time. These goals can be **academic** (like reading and math goals) but you can include **functional** goals (goals that are real life tasks, like making doctor appointments or grocery shopping.)

We have created several examples of functional goals for you. So add a functional goal in your IEP at your next ARC meeting and start practicing those "real world" skills!



**FINANCIAL GOALS FOR THE IEP**

An important part of your IEP is transition planning. Make sure you include financial planning and money skill goals in your IEP to get a strong head start. Below are some suggestions.

- I can create a personal budget**  
By the end of IEP cycle, the student will be able to identify how to create a budget and input necessary data to maintain the budget with \_\_\_\_% accuracy.
- I can understand the concept of receiving interest and paying interest.**  
By the end of the IEP Cycle, the student will be able to understand what interest is, and know when they will gain interest and when they will pay interest with \_\_\_\_% accuracy.
- I can understand the difference between debit, credit cards, and gift cards.**  
By the end of the IEP cycle, the student will be able to identify what type of card is presented, and how to safely use that card with \_\_\_\_% accuracy.
- I can understand and monitor my bank account.**  
By the end of the IEP cycle, student will understand how to review a bank account online, and identify debits and credits within that account with \_\_\_\_% accuracy.

WWW.KYSPIN.COM 800-525-7148

**Transition Tuesdays** are a chance for youth throughout the state of Kentucky to meet once a month to learn about topics that are important

**Online Webinars**

**KY-SPIN TRANSITION TUESDAYS**

Building a Strong Foundation for Youth with Disabilities

WHEN: 4TH TUESDAY MONTHLY      START TIME: 9:30AM - 10:15AM EST

Sept 24, 2024 My IEP: Learning the Basics  
Join Nick and Davis as they teach you, the students, what an Individualized Education Program (IEP) is, what the sections mean, and how to get involved in your education journey.

Oct 22, 2024 Supported Decision-Making  
Join our guest, Laura Butler with HDI, as she explains Supported Decision-Making, and how to use it to make your own decisions.

Nov 19, 2024 Guardianship  
Join Kentucky P&A to learn about guardianship alternatives and what guardianship actually means and how it might impact YOUR life! Presented by Camille Collins and Stephanie Willis.

**Educators and students encouraged to attend!**

**FOR MORE INFO:**  
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**REGISTER HERE**



<https://tinyurl.com/4wemynd3>



to them and their future success.

Join Nick and Davis, and expert guests throughout the state, as they discuss topics like Supported Decision Making and Guardianship.

Each webinar will have time for questions, and there will be handouts and resources available to download after each session.

**Come Join us!**

**Click Here to Register**

**Transition Tuesday Registration**



## If you need someone to talk to...

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (call or text)  
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)

Learn more about us [KY-SPIN Infographic](#)  
REQUEST ASSISTANCE OR MAKE A REFERRAL  
800-525-7746 or 502-937-6894- [spininc@kyspin.com](mailto:spininc@kyspin.com)  
[Contact Form \(www.kyspin.com/contact/\)](http://www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here \(https://tinyurl.com/4t2evb59\)](https://tinyurl.com/4t2evb59)



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The contents of this eNews were developed under a grant from the US Department of Education, # H328M150009. However, those contents do not necessarily represent the policy of the US Department of Education, and you should not assume endorsement by the Federal Government.

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