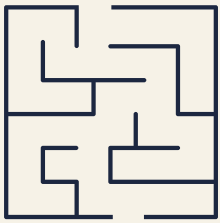


Early Childhood: Executive Function Skills

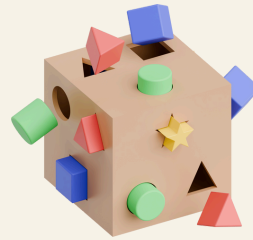
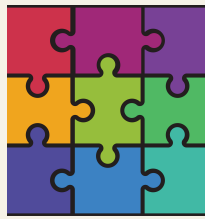
Executive Function Skills are skills that help you start and complete tasks. Developing these skills at an early age will help children be successful at school and home.

Fun Ways to Build Executive Function Skills

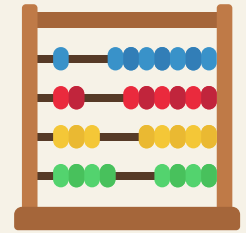
Problem Solving



Processing



Fine Motor

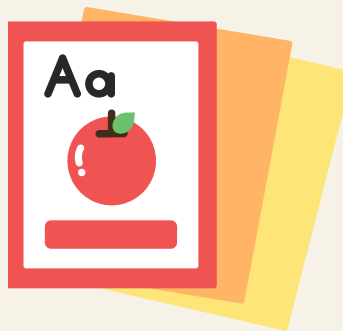


Counting

Memory Recall



Matching



Association

Social



Teamwork

Emotional



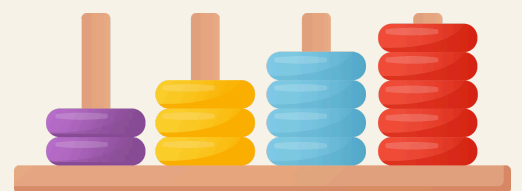
Calming

Transitioning



Completing Task

Chunking



Sorting/Grouping