

# KY-SPIN's Youth eNews 11/22/2024



## Youth News!

Get **SET**...**S**upport, **E**ducate, **T**rain for Success!

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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### What is Guardianship and why does it matter?

Watch this quick video to find out more about Guardianship, and see if it is the right choice for you.



## Guardianship

Last month we learned all about Supported Decision-Making, this month we are focused on Guardianship. It's important that you understand both options to see which choice is the best for you.

Work with your parents, caregivers, teachers, and other trusted friends to start exploring what areas in your life you need help and what areas you've got under control.

It's never too early to start planning ahead - let KY-SPIN help you get started.

## Kentucky's Exceptional Youth Voices!!!

**QUESTION:** *I want to get a job. I want to earn money to pay for things. How do I get a job? - Student, age 17*

Answer: That's a great question! Before starting your job search, make sure you are prepared. See if your school Guidance Counselor/Career Readiness Coach has local resources for you and contact your local [Vocational Rehabilitation office](#) to see if you are eligible for their career services.

KY-SPIN has many resources and videos that will help you prepare for your interviews and will walk you through the steps you need to take to get started. You can find them here.



Each month, we will share an advocacy success story or answer a question about life, school, and friends sent to us by students around the state. Your stories and questions are important, so don't wait, be a part of the changes in Kentucky today.

## Getting the Support You Need

Everyone needs friends and family they can trust to help them make the big decisions. Use these resources to start thinking about how the people in your life can support you.

When Do I Want Support?



### When Do I Want Support?

Check the boxes to say if you need support in each area.

You do not have to check a box for every category.

When you check the "I can do this with support" box, you should think about who you might want to support you and what kind of support you need.

You can use the information in this form to help you fill out a Supported Decision-Making Agreement.

	I can do this alone.	I can do this with support.	I need someone else to do this for me.
<b>COMMUNICATION</b>			
Telling people what I want and don't want			
Telling people how I make choices			
Making sure people understand what I am saying			
<b>PERSONAL CARE</b>			
Choosing what I wear			
Getting dressed			
Choosing what to eat, and when to eat			

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MAPPING RELATIONSHIPS			
CARING ABOUT	Who cares in this relationship?	Learning about	Need Steps
Shows Love, Affection and Trust			
Spends Time and Creates Memories Together			
Knows about Personal Interests, Traditions, Culture			
CARING FOR	Who cares in this relationship?	Learning about	Need Steps
Supports Day-to-Day Needs			
Ensures Material and Financial Needs are Met			
Consents to Meaningful Relationships and Roles			
Advocates and Supports Life Decisions			

Developed by the Kentucky Guardianship Association. [LearnMoreAboutUs.com](#)  
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## Guardianship Resources

You do not have to make all your decisions alone. There are several fantastic organizations in Kentucky that have resources you can use to learn more about guardianship and supported decision-making.

Check out these organizations for more information. And, don't forget, KY-SPIN is always here to help you with resources and





## KY-SPIN In the Community

On October 22, Eileen Hoover, one of our Parent Educators, was at Raceland - Worthington High School Transition Fair sharing how KY-SPIN can help students and families transition to life after high school.

If you, or your organization, is interested in having KY-SPIN attend your event, reach out and let us know.



## If you need someone to talk to...

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (call or text)  
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)

Learn more about us [KY-SPIN Infographic](#)

REQUEST ASSISTANCE OR MAKE A REFERRAL  
800-525-7746 or 502-937-6894- [spininc@kyspin.com](mailto:spininc@kyspin.com)

[Contact Form](#) ([www.kyspin.com/contact/](http://www.kyspin.com/contact/))

Download Printable [KY-SPIN Referral Form Here](#) (<https://tinyurl.com/4t2evb59>)



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