

After high school, students can dive into a world of choices! You could head to college and learn cool stuff, join a trade school to become a pro at things like fixing cars, or start working and making money right away.

Apprenticeship

An apprenticeship is a training program that lets you learn skills while you are working.

- Plumbing
- Electrician
- Carpentry
- Banking



Job

A job is a regular activity that you do and get paid for by an employer. It can be any type of task or duty assigned to you.

- Retail
- Admin Assistant
- Customer Service
- Manufacturing



Trade School

A trade school will teach you skills that are specific to a career choice. You might receive a certificate or diploma upon completion.

- Cosmetology
- Culinary Arts
- Welding
- Medical Assistant



College Program

Sometimes called Post-secondary Education, college programs can be at universities, colleges or community colleges.

- 2 year degrees
- 4 year degrees



STEPS FOR PLANNING COLLEGE OR TRADE SCHOOL

Planning for college or trade schools while you are still in high school is like getting ready for a big adventure! Start by learning about yourself and what things you need to be successful. Then follow these steps to help make the transition from high school to college a little smoother

During High School

- Understand your disability and accommodations
- Talk with teachers about goals
- Join clubs and activities that support your goals

1

Senior Year High School

- Research colleges and schools
 - Talk to the accessibility office
- Make sure you have all the classes you need for graduation
- Apply to school of choice

2

After High School Graduation

- Practice Schedule
- Organize transportation
- Practice organization skills
- Take a tour of school to learn where your classes are

3

During College or Trade School

- Understand your schedule
- Talk to your Instructors about your accommodations
- Ask for help as soon as you need it - don't wait

4



STEPS FOR PLANNING JOB OR APPRENTICESHIP

Starting to prepare for a job in high school is super important because it helps you learn new skills and make money early! To get ready, you can take classes that teach you about different careers, like business or tech, and look for part-time jobs or internships to get hands-on experience. It's also a good idea to practice your resume and interview skills, so you're ready when the perfect job comes along!

During High School

- Take different classes to find out what you like to do.
- Talk to a guidance counselor about work readiness programs.
- Identify accommodations.

1

Senior Year High School

- Practice self-advocacy skills
- Create Resume
- Practice Interview Skills
- Complete graduation requirements

2

After High School Graduation

- Apply for Jobs or Apprenticeships
- Talk to Vocational Rehabilitation about job supports
- Attend Job Fairs
- Organize transportation

3

On the Job

- Ask for accommodations
- Organize reliable transportation
- Be on time and respectful
- Ask for help or additional training if needed

4

What do I like doing?

What environments

do I like? Example: quiet, busy, mornings, outdoors

What jobs might be a good choice for me?

What training or help do I need?





POST-SECONDARY GOALS FOR THE IEP

Postsecondary goals in your IEP help you plan for life after high school, such as going to college or getting a job. They guide you in building the skills you need to be successful and independent in the future.



I can demonstrate the ability to independently use public transportation, campus shuttles, or other mobility aids to travel to and from class or work locations.

The student will plan and complete at least two trips using public transportation or campus transportation, ensuring that they are able to navigate their surroundings effectively.



I can participate in a post-secondary education planning process, including researching colleges, visiting campuses, and applying for financial aid and scholarships.

The student will visit at least two college campuses and complete at least one college application or scholarship application independently by the end of the school year.



I can independently utilize at least one piece of assistive technology in my academic work, seeking support when necessary.

The student will demonstrate the ability to use assistive technology tools (e.g., speech-to-text software, note-taking apps, screen readers) effectively for completing assignments and participating in classes with 90% accuracy.



I can independently engage in at least two meaningful social activities or interactions with peers each semester, both inside and outside the classroom.

The student will initiate and maintain at least one conversation with a peer during each class session, either in person or online, by the end of the school year.