Kitchen Safety Tips

Tie your hair back or put on some type of hair guard.





Wash your hands before and after preparing food.



DO NOT put metal objects in your toaster or microwave. Doing this can lead to a fire.



Make sure to unplug all small appliances after using them and before cleaning up.



DO NOT leave the kitchen while cooking on the stovetop. It is easy to lose track of time and you could burn something or start a fire.





Always use oven mitts, or potholders when handling hot pots and pans from the stove top and oven.



NEVER place flammable material, like dish towels or oven mitts, on the stovetop.







ALWAYS turn the pan handle away from the front of the stovetop, but toward you when cooking so you do not have to reach across for it.



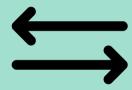
In Case of Fire

Fires can ignite rapidly, you can use a fire extinguisher to put it out.

To use a fire extinguisher:







PIN

AIM

SQUEEZE

SWEEP

Call 911 and speak slowly and clearly.



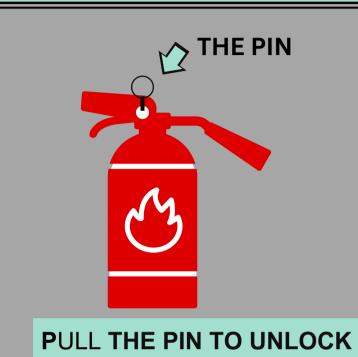


If the fire is large, grab your phone and exit your home.



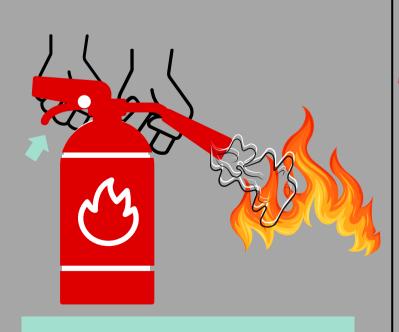


HOW TO USE A FIRE EXTINGUISHER PASS





AIM THE END OF HOSE AT THE BASE OF THE FIRE



SQUEEZE THE LEVER

FIRE EXTINGUISHER



SWEEP THE HOSE FROM LEFT TO RIGHT

