



What is Supported Decision Making

Supported decision making is an alternative to guardianship. It is a way to support individuals with disabilities while they make their own informed choices.

Supported Decision Making involves individuals with disabilities utilizing a personal support system they help create to make decisions about their lives.



Identify Your Supporters

- Family
- Friends
- Teachers
- Religious Advisors



Identify Your Areas of Need

- Finances
- Self Care
- Medical
- Living Skills



Identify Resources

- Person Centered Plan
- KY-SPIN
- Kentucky P&A
- My Choice Kentucky